

## Physiotherapist Assistant Job Description

**POSITION TITLE:** Physiotherapist Assistant

**PROGRAM:** Long-Term Care Rehabilitation Services

### SUMMARY

Under the direction of the VP Quality Improvement, the Physiotherapist Assistant (PTA) is responsible for working within a multidisciplinary team providing treatment for Residents, as per the assigned tasks of the Physiotherapist.

### STANDARDS OF PRACTICE

BiM Health Physiotherapist Assistants will comply with the Standards as outlined by:

- College of Physiotherapists of Ontario, specifically the *Working with Physiotherapist Assistants* and *Supervision* Standards
- Ministry of Health and Long-Term Care
- Accreditation Canada

PTAs will adhere to Policies & Procedures of BiM Health and the LTC Home.

### RESPONSIBILITIES

- Participate in competency assessments and accept assigned tasks from the Physiotherapist
- Collaborate with the LTC Home team to identify Residents with a significant change in function which require a Physiotherapist Assessment
- Follow Resident- and Family-centered Care Plans, as per assigned tasks
- Implement treatment to achieve Resident/Family goals in the areas of transfers, ambulation, strength, range of motion, balance, and cardiorespiratory function
- Conduct group exercise classes for Residents
- Maintain and clean rehabilitation equipment
- Participate in structured communication with the supervising Physiotherapist, to ensure high quality care of Residents
- Participate in Care Conferences as appropriate, and other Committees as required
- Communicate with Residents and Families, using sensitive and simple language
- Communicate effectively with the Resident/Family and LTC Home team regarding functional progress and rehab equipment
- Document progress in the PointClickCare digital platform
- Achieve established workload targets; accurately enter workload data at required frequency
- Participate in continuous quality improvement program, including measurable outcomes, satisfaction feedback, and quality improvement planning
- Maintain confidentiality pertaining to any information related to the Long-Term Care Home, BiM Health Services Limited Partnership, and Resident information

## QUALIFICATIONS

### Minimum Qualifications

- 2-year Diploma from an accredited OTA/PTA Program or equivalent
- Completion of satisfactory Police Vulnerable Sector Check (VSC) upon hire
- Up-to-date on required vaccinations, including 3 doses of COVID-19, influenza vaccine (or commitment to take anti-viral medications), MMR, DTaP, varicella, TB skin test

### Required Skills and Attributes

- Knowledge/experience in evidence-based musculoskeletal, neurological, and cardiorespiratory practice, with a strong emphasis on improving functional outcomes
- Excellent interpersonal, organizational, clinical reasoning, and problem solving skills
- Superior communication skills, both written and verbal
- Flexible and adaptable to changing demands and schedules
- Caring and compassionate in all interactions with Residents and Families

### Desirable Skills and Experience

#### Experience

- Working with individuals with musculoskeletal, neurological, and cardiorespiratory conditions
- Providing rehabilitation for the geriatric/frail elderly population in an integrated care setting, preferably in Long-Term Care Homes, with a Resident-centred approach

#### Tools and Equipment

- Transfer and gait aids, wheelchairs
- Strengthening, range of motion, and balance equipment
- Pain management modalities, as appropriate

#### Technical Skills

- PointClickCare documentation platform